**Subject:** [Verified] [Test]:Don't wait! Schedule your no-cost wellness exam today!

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From: Horizon Blue Cross Blue Shield of New Jersey

**To:** Michael Piersanti





## An annual wellness exam can detect health problems early on, and it doesn't cost a thing!

Don't miss out! It's not too late to take advantage of your no-cost annual wellness exam!

Now's the time to make your health and well-being a priority — even if you're not feeling sick. Preventive care is the key to good health, and early detection of an illness or disease can help your chances of recovery.

The best part — When you visit an in-network doctor, **your wellness exam is covered at no cost to you**. So schedule your appointment today.

At your visit, be sure to talk to your doctor about important preventive health screenings you may need, or any health concerns or questions you may have.

Learn more about <u>Preventive Health</u>, and how screenings, tests and vaccines can help you stay on top of your health.



## Take charge of your health today — at no cost to you.

Schedule your annual wellness exam. If you need help finding an in-network doctor, search our <u>Doctor & Hospital Finder</u> or the **Horizon Blue app**.<sup>1</sup>

<sup>1</sup>To download the **Horizon Blue app**, text **GetApp** to **422-272**, or download it from the App Store® or Google Play<sup>™</sup>. There is no charge to download the **Horizon Blue app**, but rates from your wireless provider may apply. App Store® is a service mark of Apple Inc., registered in the U.S. and other countries. Google PlayTM is a trademark of Google LLC.

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Read about Horizon BCBSNJ's <u>nondiscrimination policy</u>. If you need help understanding this information, you have the right to get help in your language at no cost to you.

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