

## What's your prostate cancer risk? The answer might surprise you.

## Are you:

- ✓ Over the age of 55?
- ✓ African American?
- Related to someone who has had prostate cancer?

If you answered "Yes" to any of these questions, you may have a higher risk for prostate cancer.

Early screening saves lives – don't delay. Make an appointment with your doctor today.



**1 in 6** African American men will be diagnosed during their lifetime.



African American men are **2X as likely to die of prostate cancer** because of increased risk.



When caught early, prostate cancer has a **96% survival rate**.

Getting screened is a personal decision to discuss with your doctor – if you think you might be at risk, call today and schedule an appointment.

We want you to stay healthy and get the care and screenings you need! Please call the Horizon *Healthy Journey* line at **1-844-754-2451** (TTY **711**), weekdays, from 8:30 a.m. to 5 p.m., Eastern Time.

Sources: Centers for Disease Control and Prevention cdc.gov/cancer/prostate/basic\_info/risk\_factors.htm American Cancer Society cancer.org/cancer/prostate-cancer/about/key-statistics.html

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Spanish (Español): Para ayuda en español, llame al **1-800-365-2223** (TTY **711**). Chinese (中文): 如需中文協助, 請致電 **1-800-365-2223** (TTY **711**). Products are provided by Horizon Insurance Company. Communications are issued by Horizon Blue Cross Blue Shield of New Jersey in its capacity as administrator of programs and provider relations for all its companies. All are independent licensees of the Blue Cross Blue Shield Association. The Blue Cross<sup>®</sup> and Blue Shield<sup>®</sup> names and symbols are registered marks of the Blue Cross Blue Shield Association. The Horizon<sup>®</sup> name and symbols are registered marks of Horizon Blue Cross Blue Shield of New Jersey. ©2021 Horizon Blue Cross Blue Shield of New Jersey, Three Penn Plaza East, Newark, New Jersey 07105. (0721) Y0090\_ECN003758\_C

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